



# Write Your Heart Out!

***A group for people who want to express their creative voice through writing***  
***No experience required. Conducted through four 90-minute weekly group sessions.***

**LIMITED SPACE. Call (601) 684-9657 to register and reserve your spot. \$100 fee covers all four sessions.**

Writing in a group offers support, feedback, and a safe place to write your truth, tell your story, and create your dream. "Write Your Heart Out!" groups offer you an opportunity to develop writing skills for personal growth and publication. Dr. Patricia Brawley guides a limited number of participants through four weekly sessions that are 90 minutes each.

Dr. Brawley is a contemplative minded Licensed Professional Counselor and university teacher with more than 20 years of experience helping people heal what hurts and celebrate their goals and dreams. Inspired by the spirit of Flowering Lotus, she facilitates a "Write Your Heart Out!" group that supports creative expression for members at every level of experience.

**Dr. Patricia Brawley**  
**Instructor**



Dr. Brawley volunteers her time to lead Monday Sitting Meditation at Flowering Lotus in Magnolia, MS, a free community service open to all. For more information, visit Dr. Brawley at <http://www.PatriciaBrawley.com>, or email her at [patriciabrawley@earthlink.net](mailto:patriciabrawley@earthlink.net).

## CHANGE CAN BE BEAUTIFUL!

Flowering Lotus Meditation and Retreat Center is a residential facility dedicated to helping people connect with their inner peace, wisdom, compassion and generosity.  
[www.floweringlotusmeditation.org](http://www.floweringlotusmeditation.org)